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Ashford and St. Peter's Hospitals
NHS Foundation Trust

We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.

To use the Text Relay service, prefix all numbers with 18001.

اگر نیاز به ترجمه دارید، لطفا با شماره 01932 723553 تماس بگیرید.

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اُردو زبان میں ترجمہ چاہتے ہیں، تو براہِ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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TW15 3AA
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NHS
Ashford and St. Peter's Hospitals
NHS Foundation Trust

Early Pregnancy Unit

Women's Health

Patient Information

Further Information

We endeavor to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

Author: EPU Team
Department: Women's Health and Paediatrics
Version: 7
Published: February 2023
Review: February 2025

USEFUL CONTACTS

Early Pregnancy Unit **01932 722662**

https://www.ashfordstpeters.nhs.uk/early-pregnancy-unit

- Monday 9am - 4pm Scanning List 9am - 5pm
- Tuesday 9am - 4pm
- Wednesday 9am - 1pm
- Thursday 9am - 1pm
- Friday 9am - 4pm Scanning List 9am - 5pm

If you need to be seen urgently outside these times, please attend the Accident and Emergency Department.

The Miscarriage Association
01924 200799 (helpline)
www.miscarriageassociation.org.uk

The Association of Early Pregnancy Units
www.earlypregnancy.org.uk

Early Pregnancy Unit

This leaflet is intended to give you additional information to that received from a healthcare professional.

WELCOME TO THE EARLY PREGNANCY UNIT (EPU)

Your doctor has requested that you attend this Assessment Unit because a problem has arisen during the early stages (first 12 weeks) of your pregnancy.

People you will meet:

- Nursing Staff (the nurse may also perform the scan)
- Sonographer (health professional who performs the scans)
- Doctor (the doctor may also perform the scan)
- Admin team

This is an emergency service for women referred by their GP, midwife, A& E or healthcare professionals with pain and /or vaginal bleeding in early pregnancy.

The aims of the unit are to offer help and assistance with the pregnancy related problem you are experiencing.

The time spent in the Unit may vary. We aim to assess and prioritise women depending on clinical need. We do not use an appointment system and if you have been a time to attend the unit, please note this is an approximate time. We however, try to minimise the time spent in the unit during a follow up visit but this may not always be possible.

The nature of the clinic, therefore, means that some patients will take greater emergency priority and some patients will need more time spent with them than others.

Using this system allows us the flexibility to see and scan **most** women on the same day they present to our unit. Occasionally you will be asked to return the next day for your scan.

Though a fixed appointment system is used in other units this usually results in a delay of several days before being seen. For this reason we have adopted a same day referral system.

As we are unable to predict the number of referrals we get each day, there may be a delay in the time taken to complete your review when you present to our unit.

The average time spent in the unit is 2-4 hours.

If you need an ultrasound scan, this is carried out either in the Early Pregnancy Unit or in the Obstetric and Gynaecology scan department. As previously stated, we are unable to give you a definite time as this varies with demand on that day but will do our best to keep the delay to a minimum.

If a scan is to be performed this will normally be an internal scan. (a small probe is inserted into the vagina, close to the womb) This makes it easier to get a detailed picture of what is happening with your pregnancy. This should not be painful and will not harm your pregnancy.

As a result of the limited space within our clinical rooms and the emergency nature of our service, we may only be able to allow one individual to accompany you into the clinical area.

After your scan, you will be reviewed by the doctor/nurse to discuss the results and to have any further test or treatments that may be necessary. Please take this opportunity to ask any questions you may have.

We understand that this is a distressing time for you, and we will do our best to see you promptly.