



## Hospital discharge information

Once you are better, your recovery will be faster back in your own home. It is also important that our hospitals are able to look after people that need hospital care.

Due to this, once you no longer need care in hospital, as decided by the health team looking after you, you will be discharged. It is always our priority to discharge you to the best possible place to support your recovery.

In most cases this will be to your home. You might need some extra support to help your recovery or practical help, such as with shopping.

If you require more complex care, this could be in another bed in the community.

Your needs and discharge arrangements will be discussed with you and your family, if you would like them to be involved.

### Prepare for discharge

- Speak to staff about your care plan after discharge.
- Include relatives and friends in the conversation can they offer support to you once you are home?
- What extra help might you need at home?

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on **01932 723553** or email **asp-tr.patient.advice@nhs.net**. If you remain concerned, the team can also advise upon how to make a formal complaint.

We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) – please call us on **01932 723553**.