



We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.

To use the Text Relay service, prefix all numbers with 18001.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ فون ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

Great Toe/Hallux Amputation Physiotherapy Department



Great Toe/Hallux Amputation

Post-operative management of your amputation

Day 0

- You may have a dressing over your wound. The nursing staff on the ward will provide you with information about how long you will need to wear the dressing and how often it will be changed.
- If you do not have a dressing the nursing staff will ensure that they monitor your wound carefully to ensure that it is healing well.
- Your Doctor may recommend that you remain on bed rest for a period of time following your operation. Your physiotherapist will advise you if this is the case.

Day 1

- Once you are permitted to start walking your physiotherapist will provide you with either an aircast boot or heel weight bearing shoe. This will depend upon the instructions of your surgeon.
- You will be expected to start walking with the physiotherapist as soon as possible.
- Should you require a walking aid one can be provided unless you already have an appropriate one of your own.

Day 2

- If you regularly use stairs the physiotherapist will practice these with you with the appropriate walking aid prior to discharge.
- You will be referred to an occupational therapist for assessment if your physiotherapist feels that you may need some support on discharge.

Discharge

- Once home make sure that you rest with your foot elevated to help reduce swelling
- Only walk when necessary for the first 2 weeks, again to help reduce swelling and promote healing.
- The nursing staff will advise you as to when your follow up appointment with your surgeon will be.

It may take you a little longer to be discharged if your surgeon advises you need to be on bed rest or if your wound is slow to heal. Your therapists will still make sure that you are able to walk safely before you go home, even if this takes longer than indicated above.

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you remain concerned, PALS can also advise upon how to make a formal complaint.

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