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اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ فون ਕਰੋ: 01932 723553

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Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

Torus Fracture

Paediatrics Department



TORUS FRACTURE

Forearm fractures often occur when children are playing on the playground or participating in sports. Fractures occur when the child falls on their outstretched hand or is hit on the hand by an object moving at speed e.g. a football.

The child usually experiences pain and swelling of the wrist and is unable to use the arm as normal.

When your child comes to hospital they will be given pain relief, examined by a doctor, and an X-ray requested.

Children's bones have a growth plate at the end, and fractures tend to occur around this part of the bone. Torus fractures do not involve the growth plate.

Children have more pliable bones than adults and are therefore more susceptible to torus injuries.

This is also called a "buckle" fracture. The topmost layer of bone on one side of the bone is compressed, causing the other side to bend away from the growth plate. This is a stable fracture, meaning that the broken pieces of bone are still in position and have not separated apart (displaced).

A child's bones heal more quickly than an adult's, so it is important to treat a fracture promptly - before healing begins - to avoid future problems.

The treatment of a torus fracture is to immobilise the fracture in a Futura splint. This splint can be removed to allow the child to

bath or shower, but should remain in place until the fracture heals. This usually takes 2 to 3 weeks and be almost completely healed in 4 weeks. Children heal in about half the time it takes an adult to heal from a similar injury.

There is no need for the child to have any repeat X-rays, or to see a doctor again, unless there are any further problems.

Ref: National Clinical Guideline Centre, Draft for Consultation: Fractures (non-complex) assessment and management 2015.

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

Author: Dr Erin Dawson

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