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اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

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यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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# Discharge Advice

## Paediatric A&E Department



# Leaving the Paediatric A&E

## Advice following your child's discharge

Most illnesses in children are caused by viruses and are therefore self-limiting. They usually resolve within a week or so and require no specific treatment. A temperature is the body's way of indicating that there is an infection present. The only reason for treating a temperature is to make the child feel better. It is not to prevent seizures. If a child has a seizure it is usually due to a very rapid rise in temperature.

Occasionally a secondary bacterial infection can complicate a viral illness. It is not possible to predict which children will go on to develop complications.

## Signs to look out for are:

- Temperature which lasts more than 5 days without having any medical attention
- Very rapid breathing or noisy breathing
- Difficulty feeding or talking
- Persistent vomiting for > 24 hours
- Very reduced fluid intake (less than 50% of normal)
- Reduced urine output / dry nappies for more than 8 hours

- Diarrhoea lasting > 1 week
- Stools with blood or mucus
- Worsening abdominal pain
- Reduced level of consciousness / unable to rouse
- Unusual jerking movements of limbs
- Dark purple pinprick rash which doesn't disappear when a glass is placed on it

If your child develops any of these symptoms, or if you continue to be concerned, you should bring your child back to the Paediatric A&E Department.

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## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

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