

# Minor Skin Operation

## Post Operative Information

- We suggest you take it easy for the rest of the day, as a rise in blood pressure due to exercise, etc can cause the area to bleed. It is a good idea to avoid strenuous activities for the next few days.
- You may be asked to apply an antibiotic cream to the area, if so, it is to be applied morning and evening.
- Bruising is normal and will gradually fade.
- In a couple of hours the local anaesthetic will wear off, so in preparation we advise you to take a painkilling tablet, for example one that you would normally take for headache relief. Discomfort can last for up to two weeks.
- You may experience some swelling, which is normal. But if you feel the swelling is not getting better, is hot or infected, please contact our department or see your doctor. Swelling can last for up to two weeks.
- The wound may ooze initially, this is to be expected. If it starts a steady bleed, apply pressure to the area for 20 minutes with the swabs provided, or a clean handkerchief, tea towel etc. If you are still concerned please contact our department.
- Please do not get the wound site wet until the sutures (stitches) have been removed. Sutures may be removed by your practice nurse or by a nurse at the hospital by appointment.

### PROBLEMS

Following your biopsy, if you have any problems which cannot be dealt with as above please contact the department on:

**01932 722493** (St. Peter's Hospital)

**01784 884009** (Ashford Hospital)

After 17.00 hours or at weekends phone main switchboard at St. Peter's (**01932 872000**) and ask for the oral and maxillofacial doctor on call.

Additional information can also be obtained by logging on to <http://www.baoms.org.uk.sitemap.asp?id=20>

**Other web links** – National Institute of Dental and Craniofacial Research, Patient.co.uk

**Department of Oral & Maxillofacial Surgery**  
St. Peter's Hospital Telephone: 01932 872000 ext. 2493  
Ashford Hospital Telephone 01784 884009

## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

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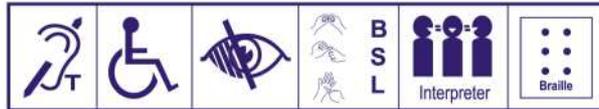
Department: Oral and Maxillofacial Surgery

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**We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.**



**To use the Text Relay service, prefix all numbers with 18001.**

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔  
 ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮے ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪاً ਕਰਕے ਇਸ ਨੰਬਰ 'ਤੇ فون کرّو: 01932 723553  
 اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤزر میں اس فون نمبر 01932 723553 پر رابطہ کریں  
 Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553  
 यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553  
 Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

**Ashford Hospital** London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**  
**St. Peter's Hospital** Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

**Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)**