

# What is Anticoagulant Treatment?

## Introduction

An Anticoagulant stops your blood from clotting within the blood vessels.

The treatment is safe provided you follow the **DO's** and **DON'Ts** listed in this leaflet.

Always carry your yellow dosage letter with you and show it to your doctor or dentist when obtaining treatment. Show it to your Pharmacist when you are having a prescription dispensed and when purchasing medicines. As a pharmacist can advise you, it is in your own interest that you purchase all medicines from a Pharmacy. Also show it to anyone giving treatment which may result in bleeding.

## DO

**DO carry this leaflet with you.** Show it to the Doctor, Dentist or Pharmacist before you receive any medicine or treatment.

**DO keep your appointments** for your blood to be checked. While taking anticoagulants you must have regular blood tests to check the dose of tablets you need. If you cannot attend tell the doctor or clinic and make another appointment.

**DO remember** the name, strength and colour of your anticoagulant.

Warfarin tablets in the United Kingdom are : -

0.5mg. (WHITE)	
1mg. (BROWN)	
3mg. (BLUE)	
5mg. (PINK)	

**Do take your tablets at the same time each day.**

**DO inform** the doctor of bruising or bleeding problems immediately. For example:

Prolonged bleeding from cuts.  
Nose bleeds or bleeding gums.  
Red or black stools.

Bleeding that does not stop itself.  
Red or dark brown urine.

For women, increased bleeding during periods, or any other vaginal bleeding.

**DO remind your doctor or dentist that you are taking an anticoagulant if any surgery or dental treatment is needed.**

