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To use the Text Relay service, prefix all numbers with 18001.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ने इतना उतसमे दी लेंड वै तं विरध करके इस नंबर से बोलें करें: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपकी अनुवाद की जरूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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Frequently asked questions Tier 3

Upper GI and Bariatric



Specialist
Weight Management
Service

Why am I here when I wanted a referral for surgery?

The commissioning rules for bariatric surgery made it an essential requirement for anyone wanting bariatric surgery to have attended and completed a non-surgical Specialist Weight Management Service (SWMS) prior to any surgical referral.

What is the SWMS Process?

You have been referred to the Specialist Weight Management Service to assist with weight loss and / or as a stepping stone to weight loss surgery. At your initial visit you will have an introductory presentation to the service and then on the same day see a nurse, doctor, dietician and physiotherapist. The doctor will look for causes and consequences of weight gain, the dietician will offer individual dietary advice, the physiotherapist will offer an individually tailored exercise regime and the nurse will take some baseline measurements from you. You will be **invited** to Weight Management Program **information** sessions, each session being repeated on two occasions per month. Depending on your individual circumstances you may be referred to other healthcare professionals for investigation and / or treatment of other weight related complications.

What do I do if I can't make the Weight Management Program sessions due to work commitments?

We are introducing online delivery of the Weight Management Program sessions so that you can access the educational resources at times that are convenient to you.

How long will my program be on the SWMS?

Every patients program is individually tailored to their individual circumstances. You will be informed of the length of your program during your appointment.

If I want to have bariatric surgery how do I access surgery?

At the end of your program, if your progress has reached that agreed at the onset of the program we will refer you for surgery.

I have heard that if I lose too much weight on the program, I may not get surgery – is this true?

National recommendations are clear that weight loss surgery is a treatment option for patients in whom either their BMI is greater than 35Kg/m² (with medical conditions) or 40 (no medical conditions). If you are successful in achieving sufficient weight loss to reduce your BMI to below these levels, then you would not be eligible for surgery. (NICE www.nice.org.uk/guidance/CG43)

What support will I have during the program?

At the Weight Management Program sessions you will meet other patients on their own weight loss programs.

Further information

Specialist Commissioning guidelines:

www.england.nhs.uk/wp-content/uploads/2013/04/a05-p-a.pdf

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Tier 3 Co-ordinator on 01932 722365 or via email SWMS@asph.nhs.uk

If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you remain concerned, PALS can also advise upon how to make a formal complaint.

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