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# Welcome to Cherry Ward



## What is Cherry Ward?

Cherry Ward at St Peter's Hospital is a 29 -bedded Acute Frailty unit, the service will improve the patient experience and quality of care for frail elderly patients and ensure that every older person receives care and treatment designed specifically to meet their needs.

The ethos of this Older People Short Stay Unit is about getting you home as soon as you don't need an acute hospital bed as you tend to do better in your own environment.

## Who will I meet on Cherry Ward?

We adopt a multidisciplinary team approach, which means that you will be looked after by various members of the team, including:

### Medical Consultants

Dr. Clarence Chikusu  
Dr. Radcliffe Lisk  
Dr. Asef Duroni  
Dr. Amar Dhakmish  
Dr. Konstantinos Graikos

The Consultants will do a daily ward round with a junior doctor. We aim to have the same consultant from Monday to Friday.

## Contact details for Cherry Older People Short Stay Unit:

- 01932 722935

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### Further Information

We endeavor to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [patient.advice@asph.nhs.uk](mailto:patient.advice@asph.nhs.uk). If you remain concerned, the team can also advise upon how to make a formal complaint.

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## **What will I do during my stay?**

During your stay, the Consultant will identify your acute medical problems and their plans will be discussed with you to facilitate your quick recovery. The Therapist will be assessing your independence and needs, this will help plan for your discharge. The nursing staff will encourage you to be independent and getting dress daily in your normal clothing. They will provide care to facilitate your quick recovery.

## **Do patients keep in touch after discharge?**

You are always welcomed to return to see us after your discharge to keep us up to date with your progress. All formal arrangements for review (i.e. clinic appointments) will be made prior to your discharge and you will receive a separate appointment by post for this.

## **What you or your family can do to help**

You or your family can help by giving us a history of your previous function so we can determine how best to rehabilitate you.

If your family member has dementia; helping at meal times is encouraged as they tend to respond better to familiar faces.

## **Nursing staff**

Nurses are involved in all aspects of your care. They work closely with the therapists, promoting your independence and helping you return to your normal function as soon as possible.

## **Therapies**

The team working on Cherry Ward are all highly experienced therapists who specialize in working with frail, elderly patients. You will be seen initially by either an Occupational Therapist or a Physiotherapist who will take a detailed history of your home situation, assess your functional ability and work with you to achieve a swift, safe discharge. The team work very closely with a number of community services and you may be referred for further assessments and treatment when you are home.

## **Dietitian**

Adequate nutrition is essential for successful rehabilitation. Your nutritional status will be assessed on the ward and you may see a dietician for nutritional advice if necessary during your stay.

## **Speech and Language Therapists**

If you have difficulties with your speech or swallowing, a speech and language therapist will provide support and advice.

## **Social Service**

They are available to provide information and advice regarding support at home and arranging care at home. They may also discuss with you issues surrounding funding and in some circumstances, discharge to a care home.

## **Do the team meet regularly?**

Yes. The team will meet daily to discuss progress made with each patient and plans for discharge.

## **How can we meet with the team?**

We believe in good open communication and the ward can arrange a meeting for you and your family to attend with either all the team present. Family members can also make appointments to see the doctors via the ward clerk. Please be aware that the timing of this appointment will be dependent on the availability of the doctors.

## **When can my family visit?**

Visiting times are between 11am – 8pm Mon to Sun.

We request that no more than 2 visitors attend your bedside. You may still have therapy sessions scheduled for the afternoon and

visitors may need to check your timetable before attending. Children are permitted to attend at the discretion of the nurse in charge.

## **What are protected mealtimes?**

Protected mealtimes are to ensure you are not distracted or rushed during your meals. This is between noon and 1pm. We want to promote social interaction and patients will be encouraged to have lunch together. You will not be expected to attend therapy sessions and visiting is discouraged unless providing help with feeding. This will be at the discretion of the ward manager.

## **What will I need?**

You will find it helpful to have toiletries, nightwear, day clothes (choose clothes which are loose fitting, comfortable and suitable for therapy), comfortable flat shoes or trainers, slippers (with a grip on the bottom) and a small amount of money should you wish to purchase items from the shop trolley. We would advise that you keep your valuables at home.

Please make sure as many items as possible are labelled with your name.