



We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.

To use the Text Relay service, prefix all numbers with 18001.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ فون ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

The Diabetes Transition Service

What happens next?



Transition

When, why and how?

We really want the best for all our diabetic children and now you are a young adult we still want the best for you too! Of course it will mean saying goodbye to the paediatric team at some point soon but in the meantime there is a period called transition when the paediatric and adult team hold clinics together for you so there is time to adjust to changes.

The time of transition generally begins after your 16th birthday and over the course of at least two years you will be able to attend regular transition clinics. This will give you the opportunity to meet the adult team who will be there to support you after you leave paediatrics. The clinics are held on the 5th Tuesday afternoon of the month at the Stephanie Marks Centre.

Member's of the *paediatric* team who may attend transition clinics:

Dr Shailini Bahl or Dr Sonali D'Cruz – Diabetes Consultant
Anne Lyddall or Rebecca Morello – Diabetes Nurse Specialists
A member of the dietetic team

Member's of the *adult* team who may attend transition clinics:

Dr Helen Ward – Diabetes Consultant
Rosie Marks or her colleague – Diabetes Nurse Specialists

Please be aware that whilst you are in the transition service you are still officially under the care of the paediatric team. Therefore continue to contact Anne or Rebecca for support and advice via the details below:

Anne.Lyddall@asph.nhs.uk

Rebecca.Morello@asph.nhs.uk

Telephone number: - 01932 723314
Office hours (excluding bank holidays)
Monday and Wednesday 12-8pm
Tuesday, Thursday, Friday 9-5pm

Useful Links Online

Diabetes UK – My Life section

JDRF – For Teens section

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you remain concerned, PALS can also advise upon how to make a formal complaint.

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