We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.

To use the Text Relay service, prefix all numbers with 18001.
Supercondylar Fracture of the Humerus

Introduction
A Supracondylar Fracture of the Humerus is one of the most common fractures in children. It occurs at the elbow in the lower end of the upper arm (humerus), usually from falling onto an outstretched hand.

How will it be treated?
Your child's arm will be placed in a collar and cuff type sling and will be positioned at a right angle. This should be worn all the time and it will be necessary to retain the arm close to the body underneath clothing for the first three weeks, and then for a further three weeks outside clothing.

What Should I Do?
Give your child a medicine such as Ibuprofen or Paracetamol for pain relief. Please follow the dosage and frequency instructions on the bottle / packet carefully.

Dress the injured arm first and undress it last.

Encourage shoulder exercises and use of the other hand.

Keep the skin around the neck, under the arm and in the elbow crease clean and dry.

Do not remove the arm from the collar and cuff until advised even at night time.

Your child will be given an appointment for the Fracture Clinic for orthopaedic follow up, but if you have any concerns before this please do contact the Accident & Emergency Department for advice.

Further Information
Paediatric Accident and Emergency Department
St Peter's Hospital
Guildford Road
Chertsey
Surrey KT16 0PZ
Telephone: 01932 872000

For reassurance and advice please contact NHS Direct on: 111

The following website gives useful advice: www.patient.co.uk

Further Information
We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you remain concerned, PALS can also advise upon how to make a formal complaint.

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Version: 3
Published: Dec 2013
Review: Dec 2015