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اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

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আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

**Ashford Hospital**  
London Road  
Ashford, Middlesex  
TW15 3AA  
Tel: **01784 884488**

**St. Peter's Hospital**  
Guildford Road  
Chertsey, Surrey  
KT16 0PZ.  
Tel: **01932 872000**

Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)

# Information following the Stillbirth of a Baby

## Women's Health

# Information following the stillbirth of a baby (after the completion of 24 weeks of pregnancy)

This leaflet is intended to give you additional information to that received from a healthcare professional.

## CARING FOR YOU AT THIS DIFFICULT TIME

Our midwives and doctors are here to help you in any way they can. They will try to answer your questions and to offer you the support you need. This will be an emotional time for you.

## SPECIAL RELIGIOUS AND CULTURAL NEEDS

You may have very specific spiritual, religious, cultural or other needs, and we wish to ensure that these needs are met. Please let us know what your requirements are, and how we can help and support you.

You can spend as much time as you wish with your baby before saying goodbye. When you have said your goodbye, he/she will stay within the labour ward until being transferred to the mortuary chapel of rest. Your baby will be cared for in a sensitive environment at all times. Should you wish to see your baby again, this is best arranged through your funeral directors who can collect him/her as soon as you wish and support you whilst you see your baby before the funeral. This of course is a very individual matter.

SANDS (The Stillbirth and Neonatal Death Society)  
Office telephone number/helpline **020 7436 5881**  
Monday-Friday 9.30am-5.30pm or answerphone out of hours

Email: [Helpline@UK-SANDS.Org](mailto:Helpline@UK-SANDS.Org)  
Website: [www.UK-SANDS.org](http://www.UK-SANDS.org)

SANDS Surrey  
Telephone No: **07817 410075**

Department for Works and Pensions  
[www.dwp.gov.uk/](http://www.dwp.gov.uk/)

Woking Crematorium **01483 472197**

The Natural Death Centre (for information and guidance on woodland burial) **020 7359 8391**

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## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email [pals@asph.nhs.uk](mailto:pals@asph.nhs.uk). If you still remain concerned please contact our Complaints Manager on 01932 722612 or email [complaints@asph.nhs.uk](mailto:complaints@asph.nhs.uk).

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## **CEREMONY OF REMEMBRANCE**

The Trust holds an annual Ceremony of Remembrance for children who die at any age, from early pregnancy to adulthood. This ceremony usually takes place during June and the Bereavement Support Midwives (**01932 722879**) or the Hospital Chaplains (**01932 723324**) can give you more details.

## **BOOK OF REMEMBRANCE**

A Children's Book of Remembrance is kept in the Hospital Chapel. If you would like your baby's name to be included in the book please contact the Bereavement Support Midwives/Hospital Chaplains.

## **SOME USEFUL TELEPHONE NUMBERS**

Bereavement Support Midwives	<b>01932 722879</b>
The Patient Affairs Officer	<b>01932 722319</b>
Hospital Chaplain via Hospital Switchboard	<b>01932 872000</b>
Birth Reflections Service	<b>01932 722879</b>
The Miscarriage Association	<b>01924 200799</b>
ARC - Ante-Natal Results and Choices	<b>020 7631 0285</b>

## **A POST-MORTEM FOR YOUR BABY**

If you have decided for your baby to have a post mortem your baby will be taken to the mortuary chapel of rest and will be taken from there by funeral directors to the perinatal specialist pathology unit at St George's Hospital, London. Your funeral director will liaise with St George's Hospital for the appropriate time to collect your baby following post mortem for the funeral, it can take up to three weeks for baby to be returned.

## **REGISTERING YOUR BABY**

When you leave the Hospital you will need to arrange to register your baby. It is a legal requirement for your baby to be registered as stillborn. Your midwife will give you a Medical Certificate of Stillbirth for you to take to the Registrar so that you can be issued the appropriate form permitting you to make funeral arrangements for your baby. The Registrar of Births, Deaths and Marriages is based in Weybridge:

The Register Office  
81 Oatlands Drive  
Weybridge KT13 9LN

Tel: 01932 794712

and is open Monday – Friday, 09.00 - 16.30. hours except Wednesdays when the office opens at 09.30. It is best for you to ring the Registrar's Office and make an appointment with them so they can be expecting you and ensure you are seen promptly.

## **ARRANGING YOUR BABY'S FUNERAL**

You will need to contact your local funeral directors to make arrangements regarding your baby's funeral. The funeral director's will discuss your options with regard to whether you choose burial or cremation service. This is a very personal and individual choice and they will help and guide you. Funeral directors do vary as to whether they charge for the funeral of a baby and it may be a good idea to clarify this at the start. There is usually a charge for the burial plot by the local cemeteries authorities and these charges may vary.

The funeral service can only take place once your baby has been registered, and, if applicable, once the post-mortem has been completed. The Patient Affairs Officers (**01932 722319** Monday - Friday 09.00 – 16.00 hours.) are available to help you make contact with a local Funeral Director and the Hospital Chaplains (**01932-723324**) are happy to offer you advice in planning the service.

## **FOLLOW-UP CARE FOR YOU**

The community midwife will contact you to arrange to visit you. Your midwife will be able to discuss with you such issues as leakage of breast milk, vaginal blood loss, contraception and any concerns you may have. The contact number for the community midwife is **01932 722413**.

You will also need to make an appointment to see your GP for your post-natal check up at six weeks.

You will also be offered an appointment with your consultant. However, particularly if a post-mortem has taken place, this appointment may be up to ten weeks after the death of your baby, this is to allow for the results of the post-mortem to be returned to your consultant.

One of the Bereavement Support Midwives will also be in touch with you, or you can contact them on **01932 722879**.

## **MATERNITY AND PATERNITY LEAVE**

If your baby is still born after 24 weeks or your baby lives for a short time you are entitled to the full normal maternity leave. You are also entitled to free prescription and dental care for one year after the baby's birth. If your partner is entitled to paternity leave this entitlement still holds.

## **BENEFITS**

If you are eligible for statutory Maternity pay or Maternity Allowance you will be entitled to these.

If your partner is still entitled to statutory Paternity pay this still holds.

If you are on a low income you may also be eligible for Sure Start Maternity grant and funeral expenses payment.