



We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.

To use the Text Relay service, prefix all numbers with 18802.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

**Congratulations on
your Pregnancy**
Choices available to you

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk.

Author: Women's Health

Department: Women's Health

Version: 1

Published: Jan 2010

Review: Jan 2013

Congratulations on your Pregnancy

Firstly, it is important to stay healthy.

- Contact your Midwife or GP as soon as possible so that we can book your pregnancy / labour care between 8-10 weeks following your last period

CHOOSING WHERE TO HAVE YOUR BABY

The birth of a baby is one of the most important life events for a woman and her family. At Ashford & St. Peter's maternity services, our philosophy includes supporting you in your choices for giving birth.

The options available to you

- **Home birth** - All women, including first time mothers, are entitled to choose the place where their baby is born. For some women, choosing to give birth in the privacy and comfort of their own homes makes them feel more in control and relaxed.
- **Hospital birth** – Women can choose which maternity unit they would like to give birth in.

SERVICES AT ASHFORD AND ST. PETER'S HOSPITALS

Ashford Hospital – London Road, Ashford

- Midwife led antenatal clinics
- Ultrasound

St. Peter's Hospital, Chertsey

- Early Pregnancy Unit (EPU)
- Consultant led antenatal clinics
- Maternity Day Assessment Unit (MDAU)
- Ultrasound
- Midwife-led triage
- Labour ward (including birthing pool, home-from-home rooms).

ANTENATAL CARE

Antenatal care may be provided in your home, at the hospital, or more commonly at your GP surgery or community based facility like a local children's centre.

Other maternity units in your area are:

- Frimley Park Hospital
- Royal Surrey County Hospital
- Kingston Hospital
- West Middlesex Hospital
- East Surrey Hospital
- Wexham Park Hospital

FURTHER INFORMATION

Choosing where to have your baby leaflet – available from your midwife or www.ashfordstpeters.nhs.uk

The National Childbirth Trust
www.nctpregnancyandbabycare.com

Birth Choice UK
(National maternity statistics)
www.birthchoiceuk.com

Tommy's Let talk baby
www.tommys.org